

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kids BJJ Beginner 4:30pm - 5:05pm	Kids BJJ Beginner 4:30pm - 5:15pm	Kids BJJ Beginner 4:30pm - 5:05pm	Kids BJJ Beginner 4:30pm - 5:15pm	No-Gi BJJ Mixed Level 6:00pm - 7:00pm	Kids No-Gi BJJ Mixed Level (Invitation Only) (Speak to Coah Andrew) 9:30am - 10:15am	
Adult BJJ Fundamentals (Mandatory for White Belts) 5:15pm - 6:00pm	Kids BJJ/Thai-Jitsu Advanced (Grey-White Belt and Above) 5:15pm - 6:00pm	Adult BJJ Fundamentals (Mandatory for White Belts) 5:15pm - 6:00pm	Kids BJJ/Thai-Jitsu Advanced (Grey-White Belt and Above) 5:15pm - 6:00pm	Muay Thai Beginner 7:00pm - 8:00pm	Adult No-Gi BJJ Mixed Level 10:30am - 12:00pm	
Adult Gi BJJ Mixed Level 6:00pm - 7:30pm	Adult Muay Thai Mixed Level (Sparring Included) 6:00pm - 7:00pm	Adult Gi BJJ Mixed Level 6:00pm - 7:30pm	Adult Muay Thai Mixed Level (Sparring Included) 6:00pm - 7:00pm			
Muay Thai Beginner 7:45pm - 8:30pm	Adult No-Gi BJJ Mixed Level 7:00pm - 8:30pm	Muay Thai Beginner 7:45pm - 8:30pm	Adult No-Gi BJJ Mixed Level 7:00pm - 8:30pm			